

**Directions:** This form is provided for use by individuals holding a Professional Certificate. It should be used to track your progress in completing your professional development in accordance with your State Board. In most cases, one contact hour is equal to one Professional Development Hour (PDH).

- 1. Record your completed Professional Development Hours in the table below.
- 2. Upon completion of the event, attest the number of sessions and/or meetings in the section below.
- 3. After signing the tracking form, submit form to Michelle.Stern@post-tensioning.org or via fax to +1.248.848.3181.

		Wednesday, October 4	No. of PDHs	Attended
8:00 am - 10:00 am	CRT-40	Multistrand & Grouted PT Personnel Certification Committee	2 PDHs	
8:00 am - 10:00 am	DC-20	Building Design Committee	2 PDHs	
10:00 am - Noon	DC-80	Repair, Rehabilitation, & Strengthening Committee	2 PDHs	
10:00 am - Noon	DC-25	Parking Structures Committee	2 PDHs	
1:00 pm - 3:00 pm	CRT-30	Unbonded PT Personnel Certification Committee	2 PDHs	
1:00 pm - 3:00 pm	CRT-60	Unbonded PT Repair, Rehabilitation, & Strengthening Personnel Certification Committee	2 PDHs	
1:00 pm - 3:00 pm	MKT-150	Marketing Committee	2 PDHs	
3:00 pm - 4:00 pm	DC-20A	BIM Subcommittee	1 PDHs	
3:00 pm - 5:00 pm	CRT-20	Unbonded Tendon Plant Certification Committee	2 PDHs	
3:00 pm - 5:00 pm	MBR-160	Membership Committee	2 PDHs	
4:00 pm - 5:00 pm	EDC-130	Education Committee	1 PDHs	
Thursday, October 5			No. of PDHs	Attended
8:00 am - Noon	DC-10	Slab-on-Ground Committee	4 PDHs	
8:00 am - Noon	M-10	Unbonded Tendon Committee	4 PDHs	
10:00 am - Noon	DC-35	Prestressed Rock & Soil Anchor Committee	2 PDHs	
1:00 pm - 5:00 pm	CRT-140	Certification Advisory Board	4 PDHs	
1:00 am - 5:00 pm	TAB-120	Technical Advisory Board	4 PDHs	
		Wednesday, November 8	No. of PDHs	Attended
1:00 pm - 4:30 pm <sup>MST</sup>	M-50	Multistrand and Bar Post-Tensioning Committee	3.5 PDHs	
5:30 pm - 9:00 pm <sup>MST</sup>	M-55	Grouting Committee	3.5 PDHs	
Thursday, November 9			No. of PDHs	Attended
8:00 am - 11:30 am <sup>MST</sup>	DC-45	Cable Stayed Bridge Committee	3.5 PDHs	
12:30 pm - 4:00 pm <sup>MST</sup>	DC-40	Bridge Design Committee	3.5 PDHs	

Name:	I attest that I attended the sessions and/or meetings as marked above for a total of PDHs.
Address:	Signature:
City, State, Zip Code:	
E-Mail Address:	Date:

FAX TO +1.248.848.3181 OR E-MAIL TO THE ADDRESS BELOW MICHELLE.STERN@POST-TENSIONING.ORG KEEP THE ORIGINAL FOR YOUR RECORDS