

**Directions:** This form is provided for use by individuals holding a Professional Certificate. It should be used to track your progress in completing your professional development in accordance with your State Board. In most cases, one contact hour is equal to one Professional Development Hour (PDH).

1. Record your completed Professional Development Hours in the table below.
2. Upon completion of the event, attest the number of sessions and/or meetings in the section below.
3. After signing the tracking form, submit form to [Michelle.Stern@post-tensioning.org](mailto:Michelle.Stern@post-tensioning.org) or via fax to +1.248.848.3181.

Wednesday, October 1			No. of PDHs	Attended
8:00 am - 10:00 am	CRT-60	Unbonded PT Repair, Rehabilitation & Strengthening Personnel Certification Committee	2 PDHs	
8:00 am - 10:00 am	EDC-130	Education Committee	2 PDHs	
10:00 am - Noon	CRT-40	Multistrand & Grouted PT Personnel Certification Committee	2 PDHs	
10:00 am - Noon	DC-20A	BIM Subcommittee	2 PDHs	
10:00 am - Noon	DC-80	Repair, Rehabilitation & Strengthening Committee	2 PDHs	
1:00 pm - 3:00 pm	CRT-20	Unbonded Tendon Plant Certification Committee	2 PDHs	
1:00 pm - 3:00 pm	DC-20	Building Design Committee	2 PDHs	
1:00 pm - 3:00 pm	MKT-150/ MBR-160	Marketing & Membership Committee	2 PDHs	
3:00 pm - 5:00 pm	CRT-30	Unbonded PT Personnel Certification Committee	2 PDHs	
3:00 pm - 5:00 pm	DC-25	Parking Structures Committee	2 PDHs	
3:00 pm - 5:00 pm	RD-100	Research & Development Committee	2 PDHs	
Thursday, October 2			No. of PDHs	Attended
8:00 am - 10:00 am	DC-26	Barrier Cable Committee	2 PDHs	
8:00 am - Noon	DC-10	Slab-on-Ground Committee	4 PDHs	
10:00 am - Noon	M-10	Unbonded Tendon Committee	2 PDHs	
1:00 pm - 5:00 pm	CRT-140	Certification Advisory Board	4 PDHs	
1:00 am - 5:00 pm	TAB-120	Technical Advisory Board	4 PDHs	
Wednesday, October 29   Bellevue, Washington   Juniper Room			No. of PDHs	Attended
1:00 pm - 3:00 pm <sup>PST</sup>	M-50A	Flexible Filler Subcommittee	2 PDHs	
3:00 pm - 5:00 pm <sup>PST</sup>	M-50	Multistrand and Bar Post-Tensioning Committee	2 PDHs	
Thursday, October 30   Bellevue, Washington   Juniper Room			No. of PDHs	Attended
8:00 am - 10:00 am <sup>PST</sup>	M-55	Grouting Committee	2 PDHs	
10:00 am - 12:00 pm <sup>PST</sup>	DC-45	Cable Stayed Bridge Committee	2 PDHs	
1:00 pm - 3:00 pm <sup>PST</sup>	DC-40	Bridge Design Committee	2 PDHs	
3:00 pm - 4:00 pm <sup>PST</sup>	CRT-70	PTS Qualification, Testing & Certification Committee	1 PDHs	

Name: \_\_\_\_\_

I attest that I attended the sessions and/or meetings as marked above for a total of \_\_\_\_\_ PDHs.

Address: \_\_\_\_\_

Signature: \_\_\_\_\_

City, State, Zip Code: \_\_\_\_\_

Date: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_